

## Comments PDAB -PDAB- <comments.pdab@maryland.gov>

## Therapeutic Alternatives for Drugs Referred

Chesahna Kindred, MD, MBA, FAAD

To: comments.pdab@maryland.gov

Wed, Apr 24, 2024 at 2:16 PM

## Greetings,

This is Dr. Kindred, a dermatologist serving Marylanders for more than 10 years. Never in my career have I seen a medication as effective and safe as dupilumab for moderate to severe atopic dermatitis. I still remember one of my patients was on the verge of divorce early in her marriage. Her husband did not understand why there were flakes all over the bed each morning (caused by her severe refractory atopic dermatitis). Within a month of starting dupilumab, she began to clear. They are now married with kids.

The alternate lists include treatments that are not quite as effective and *not quite as safe*. Furthermore, dupilumab is the only medication approved to treat across the Type 2 Inflammatory spectrum, from atopic dermatitis and prurigo nodularis (derm) to eosinophilic asthma (pulm) and other fields of medicine.

I am a firm proponent of lowering the costs of medications. Swapping dupilumab for the other medications on the list is not in the best interest of patients. There is no substitute for dupilumab in regards to safety and efficacy for atopic dermatitis.

Thank you for considering my experience with treating patients.



NOTICE: This electronic message is intended to be for the use only of the named recipient, and may contain information that is confidential or privileged. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or use of the contents of this message is strictly prohibited. If you have received this message in error or are not the named recipient, please notify us immediately by contacting the sender at the electronic mail address noted above, and delete and destroy all copies of this message.